

Stephenson
CANCER CENTER

The UNIVERSITY of OKLAHOMA



PATIENT GUIDE 

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stephensoncancercenter.org



**THE STEPHENSON CANCER CENTER NOT ONLY
DIAGNOSES AND TREATS CANCER; IT PROVIDES
A PATIENT-CENTERED ENVIRONMENT WHERE
PEOPLE CAN TRULY HEAL.**

OUR IDENTITY

There is no better symbol to represent the Stephenson Cancer Center than the eagle feather. Delicate yet strong, the feather is a powerful symbol not only to the spirit of the American Indians who first settled these lands but of all Americans. In our vast skies it is not uncommon to see the proud eagle soar overhead. We honor the eagle's feather for its strength, virtue, and wisdom. With the flap of its wings each feather can wisp away darkened spirits and provide comfort. While this delicate object is regarded as a symbol of power, it is also a symbol for peace. It is through the feather that we realize tranquility and comfourt can be intertwined with fortitude. Stephenson does not only diagnose and treat cancer; it provides a patient-centered environment where people can truly heal. You'll find the feather motif throughout the building, whether sewn into our lab coats or delicately etched in hand-crafted lavender pots. The eagle feather hangs above the front door at the entrance.

The feather lifts our spirits & gives us strength.

DID YOU KNOW?

The Stephenson Cancer Center is one of 30 cancer centers across the nation to be a Lead Academic Site in the National Cancer Institute's National Clinical Trials Network.

ABOUT

Oklahoma's only comprehensive academic cancer center, the Stephenson Cancer Center at the University of Oklahoma is a nationally noted leader in research and patient care. The Stephenson Cancer Center annually ranks among the top three cancer centers in the nation for patients participating in National Cancer Institute-sponsored treatment trials, and it is one of 30 designated lead centers nationally in the Institute's National Clinical Trials Network. In collaboration with the Oklahoma Tobacco Settlement Endowment Trust, the Stephenson Cancer Center is decreasing the burden of cancer in Oklahoma by supporting innovative laboratory, clinical and populations-based research. The Stephenson Cancer Center has 250 research members who are conducting more than 215 cancer research projects at institutions across Oklahoma. This research is supported by \$48.3 million in annual funding from the National Cancer Institute, the American Cancer Society and other sponsors.

MISSION

The mission of the Stephenson Cancer Center is to improve and extend the lives of cancer patients through:

- + Providing patient-centered, comprehensive care,
- + Conducting innovative basic, translational, and clinical research,
- + Raising the level of cancer awareness and prevention among individuals and populations,
- + Educating the next generation of cancer health care professionals, and
- + Serving as a statewide resource for patients, researchers, health professionals, and communities.



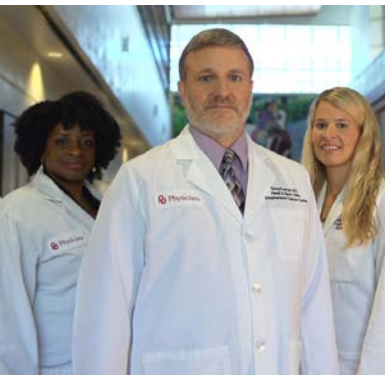
WE CARE ABOUT YOU

Patient-centered care means providers come to the patients, not the other way around. Our philosophy is one-appointment, one-location, one-day, so patients don't have to drive from doctor to doctor.

Our multidisciplinary team of cancer specialists work together for each unique patient. By combining services into a single visit, patients can begin and complete treatment in a shorter amount of time.



stephensoncancercenter.org/about



DID YOU KNOW?

Laboratory scientists are conducting more than 215 cancer research projects at the Stephenson Cancer Center, supported by more than \$48.3 million in funding from the National Cancer Institute, the American Cancer Society, and the Oklahoma Tobacco Settlement Endowment Trust.



TO OUR PATIENTS & CAREGIVERS

Welcome to the Stephenson Cancer Center at The University of Oklahoma. Caring for you is our top priority. Our highly trained staff is dedicated to providing you and your family with the very best medical care and support services available.

We are raising the standard of care by creating a patient-centered environment, promoting cutting-edge cancer research, and advancing educational efforts both on campus and in our communities. Our care is based on multidisciplinary teams of physicians and other health care providers who address the whole patient, not just the cancer.

As Oklahoma's only comprehensive academic cancer center, research is an integral part of developing new therapies and improving cancer treatment. You may have the opportunity to enroll in one of our more than 200 clinical trials. At the Stephenson Cancer Center, members of your healthcare team will be with you every step of this journey and are available to talk with you at any time. Our goal is to work together to answer your questions and help you with your personal needs

for comfort, care, and support. We want you to feel confident that you are at the center of a team dedicated to your journey to wellness. You are not alone.

The staff at the Stephenson Cancer Center understand this is a difficult and challenging time. We are here to help you. Please let us know how we can better meet your needs.

Thank you for choosing the Stephenson Cancer Center and giving us the opportunity to serve you and your family.

ROBERT MANNEL, MD

Director, Stephenson Cancer Center



LOCATION & HOURS

The Stephenson Cancer Center is located at:
800 NE 10th St.
Oklahoma City, OK 73104
Oklahoma Health Center

The outpatient clinics at the
Stephenson Cancer Center are open:
Monday through Friday, 8 am to 5 pm.
We are closed on weekends and major holidays.

PARKING

Patients and visitors may either use our complimentary valet services or self-park in the garage. Parking validation is available at the greeter desk on the first floor or the front desk of any clinic. Patients may park in the garage on the lower level, level 1, level 2, and level 3.

Please note that level 3 of the parking garage is not wheelchair accessible.

TRANSPORTATION & LODGING

YELLOW CAB TAXI (405) 232-6161

For additional information about transportation resources and discounted lodging options, please contact our Oncology Social Work team at (405) 271-5099.



CONTACT NUMBERS

MAIN NUMBER [TOLL FREE PHONE]

(855) 750-2273

- OU Campus Police Department | (405) 271-4300
- OU Physicians – Main Number | (405) 271-2222
- OU Physicians Pharmacy | (405) 271-6446
- OU Physicians Medical Records | (405) 271-9194
- OU Breast Institute (OU Physicians) | (405) 271-4514
- OU Medical Center – Main Number | (405) 271-4700
- OU Medical Center Outpatient Surgery | (405) 271-1660
- OU Medical Center Admitting | (405) 271-5813
- OU Medical Center Patient Accounting | (405) 271-4225
- OU Medical Center Medical Records | (405) 271-4922
- Harold Hamm Diabetes Center | (405) 271-1000
- Dean McGee Eye Institute | (405) 271-6060

BILLING

As a patient of the Stephenson Cancer Center, you may receive bills from OU Physicians as well as OU Medical Center. For any questions, please call the numbers below or visit with a financial navigator.

OU MEDICAL CENTER BILLING

(405) 271-4225

HOSPITAL BILLING

oumedicine.com

Choose the “OU Medical Center” tab at the top of the page. Then choose “Billing.”

OU PHYSICIANS PATIENT ACCOUNTS

(405) 271-1500

OU PHYSICIANS BILLING

oumedicine.com

Choose the option “Information For” patients and visitors. Then choose “Billing and Insurance Frequently Asked Questions.”

PATIENT PORTAL

My OU Medicine, the patient portal system, is a secure online tool to make your treatment experience more efficient. Through My OU Medicine, you can:

REQUEST AN APPOINTMENT

REVIEW MEDICAL RECORDS

SEND SECURE MESSAGES TO YOUR CANCER CARE CLINIC

PAY BILLS AT YOUR CONVENIENCE

To access your patient portal account, visit myoumedicine.com and request a patient portal account.

For questions related to your portal account, including username or password recovery, please call (405) 271-2310. For technical support issues, not related to health care, please call (844) 568-2363

LOWER LEVEL

Radiation Therapy (405) 271-5641

FIRST FLOOR

Greeter Desk (405) 271-8001 x 48676

Main Lobby/Foyer

Healthy Hearth (405) 271-1685

Patient Resource Center

Family Lounge

Imaging (405) 271-4889

Sanctuary for the Spirit

Volunteer Services (405) 271-8384

Women's Health Boutique (405) 271-1940

SECOND FLOOR

Laboratory (405) 271-2213

Gynecological Cancers Clinic (405) 271-8707

Supportive Care Program (405) 271-4385

Breast Cancers Clinic (405) 271-7226

Blood & Bone Marrow Cancers Clinic (405) 271-8299

Oklahoma Phase I Clinic (405) 271-8778

THIRD FLOOR

Oklahoma TSET Phase I Program (405) 271-8778

Chemotherapy and Infusion (405) 271-3402

Financial Navigators (405) 271-3863

Cancer Rehabilitation Clinic (405) 271-7635

FOURTH FLOOR

Head and Neck Cancers Clinic (405) 271-7559

Prostate and Urologic Cancers Clinic (405) 271-4088

Multispecialty Clinic (405) 271-1632

*Bone & Soft Tissue Cancers Clinic
(405) 271-2663*

*Brain Tumors Clinic
(405) 271-1632*

*GI and Colon & Rectal Cancers Clinic
(405) 271-1632*

*Thoracic Cancers Clinic
(405) 271-1632*

My clinic _____ (clinic name) is on the _____ floor

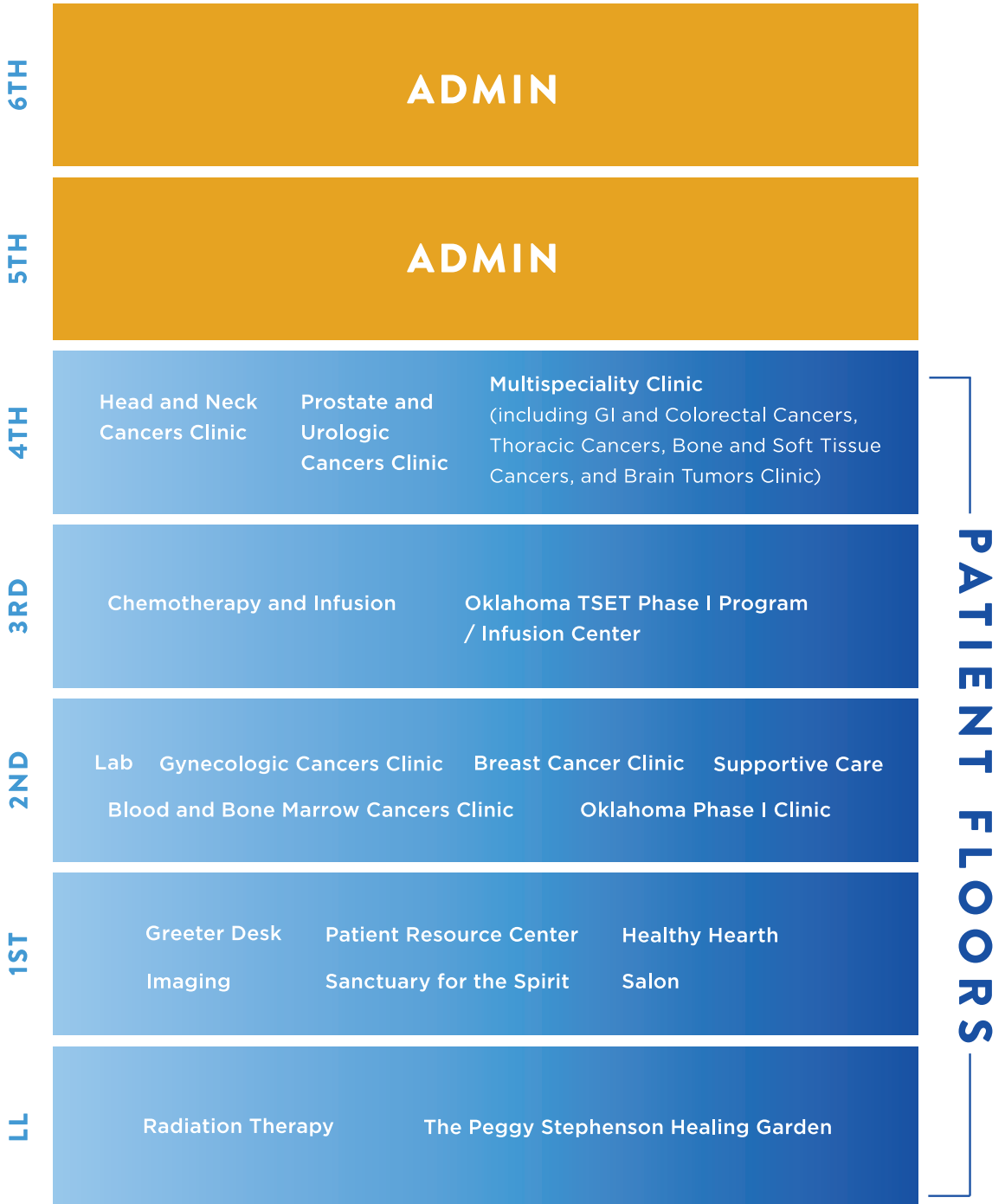
and the clinic phone number is _____ and the

fax number is _____.

My patient navigator is: _____

My Providers are:

CLINIC MAP



Levels LL through 3RD are garage accessible | LL through 2ND are handicap accessible



**OUR 217,000
SQUARE-FOOT
BUILDING** *is designed to
meet the medical, emotional and
practical needs of patients and
their families. The comfortable,
warm environment of the facility
reduces the “clinical” feel and
encourages optimism and hope in
patients during this stressful time
in their lives.*



AMENITIES

Complimentary WiFi throughout the building

Valet parking is available at no cost

Parking facilities are always complimentary with validation

The Healthy Hearth Restaurant

The Sanctuary for the Spirit offers a calm place to relax and meditate

Complimentary coffee and water available in clinic waiting areas throughout the facility

Volunteers regularly distribute complimentary refreshments on the snack cart

The Patient Resource Center offers free cancer-related materials, computer access, and information on local resources

Complimentary books are available throughout the building for patients and visitors to take and enjoy

The Peggy Stephenson Healing Garden offers a tranquil and relaxing outdoor space to enjoy

10 cancer care clinics offering individualized treatments for each patient

Spacious Chemotherapy and Infusion Center with private, semi-private, and open infusion areas

A state-of-the-art Radiation Therapy Center delivering expert treatment on the lower level

YOUR CANCER CARE TEAM

Here at the Stephenson Cancer Center, our highly-trained team of caregivers will become your team and strive to help you with everything you or a loved one may need. The following information will help you understand the important role each member plays in providing you with comprehensive care.

PHYSICIANS

Your supervising physician is also called your *attending physician*. He or she may be in charge of overseeing a fellow or a resident.

A *fellow* is a physician who has completed residency and is specializing in a dedicated area of medicine.

A *resident* is a physician who has completed medical school training and is receiving practical experience toward board certification.

Types of Oncology Physicians include Surgical Oncologists, Medical Oncologists, Radiation Oncologists and Pathologists.

DID YOU KNOW?

More than 100 wigs were given out last year to patients at the Stephenson Cancer Center by various organizations, including the American Cancer Society.

PATIENT NAVIGATORS

Patient navigators are an important part of your team. They are located in our Cancer Center clinics. Patient navigators are here to guide you through the health care process by identifying resources, coordinating care, and scheduling appointments.

PHYSICIAN ASSISTANTS

PAs are formally trained to provide diagnostic, therapeutic, and preventive healthcare services in collaboration with a supervising physician. Working as members of a healthcare team, they may assist in taking medical histories, examining and treating patients, ordering and interpreting laboratory tests, and prescribing medications.



NURSES

Our clinics and hospital are staffed with nurses who are specially trained in various areas of cancer care. They are dedicated to providing you with quality care. Our chemotherapy and infusion nurses are specially trained in administering your chemotherapy drugs and taking care of you during your infusion treatments.

RESEARCH NURSES

Our nursing staff also includes highly-trained research nurses who may meet with you to discuss various clinical trials that you may qualify for as a participant. They support and promote clinical trials research which plays an important role in learning new things about cancer.

RADIATION THERAPISTS

Radiation Therapists use advanced computer systems to operate sophisticated radiation therapy equipment. Working closely with radiation oncologists and medical physicists, they design the radiation treatment and help manage the patient's well-being.

PHARMACISTS

Our pharmacists provide comprehensive pharmaceutical care to patients receiving chemotherapy and infusion treatments. With special training in oncology pharmacy, the team mixes the chemotherapy needed for each treatment. Our team is also available to answer any medication questions for our patients.

stephensoncancercenter.org/meetourteam

SUPPORTIVE CARE PROGRAM

- » CANCER REHABILITATION CLINIC
- » GENETIC COUNSELING CLINIC
- » NUTRITIONAL COUNSELING CLINIC
- » PAIN & SYMPTOM MANAGEMENT CLINIC
- » PSYCHO-ONCOLOGY CLINIC
- » ONCOLOGY SOCIAL WORKERS
- » SUPPORT GROUPS
- » TOBACCO CESSATION CLINIC



THE MISSION OF THE SUPPORTIVE CARE PROGRAM

is to help restore or maintain quality of life for people with cancer and their caregivers. The program's multidisciplinary care team works with patients and their families to help them better manage the unique challenges that come with a cancer diagnosis and treatment. The program is designed to deliver care through a pain and symptom management clinic, a cancer rehabilitation clinic, oncology social workers, a genetic counseling clinic, nutritional counseling, psycho-oncology clinic, and support groups for patients and family members.

For questions about the Supportive Care Program or to be referred, please speak with your physician or patient navigator.



stephensoncancercenter.org/supportivecare



stephensoncancercenter.org/clinicaltrials

CLINICAL TRIALS

The Stephenson Cancer Center has the state's only phase I clinical trials program which offers the latest and most advanced therapies available through first-in-human drug trials.

WHAT ARE CLINICAL TRIALS?

Clinical trials are research studies that help find new and better ways to prevent and treat cancer. Every standard-of-care cancer therapy available to doctors today was first tested in a clinical trial.

Anyone who has been diagnosed with cancer should talk to his or her physician about participating in a clinical trial. Clinical trials are how we find new therapies, improve current treatments, and reduce current side effects. When you participate in a clinical trial, you are actively participating in finding a cure.

Participating in a clinical trial also ensures that you are receiving the highest standard of cancer care available anywhere. The National Comprehensive Cancer Network – which develops treatment guidelines for cancer – states that the best management for any patient with cancer is in a clinical trial and that participation is especially encouraged for patients making treatment decisions.

HOW DO I FIND A CANCER CLINICAL TRIAL?

The Stephenson Cancer Center has more clinical trials available for more types of cancer than any other cancer center in Oklahoma. All clinical trials have eligibility requirements. Your physician or nurse will be able to tell you if you qualify to participate in a study. You can search for available clinical trials at: stephensoncancercenter.org/clinicaltrials.



DID YOU KNOW?

In 2014, the Stephenson Cancer Center was selected as one of 30 cancer centers across the nation to be a Lead Academic Site in the National Cancer Institute's new National Clinical Trials Network.





CLASSES & WORKSHOPS

CHEMO 101

Chemo 101 is a 1-hour introductory class to discuss what to expect during chemotherapy treatment and possible side effects, learn about supportive services, and interact one-on-one with healthcare professionals. Friends and caregivers are welcome to attend. Classes are held weekly on Wednesdays from 9 – 10 am and Thursdays from 4 - 5 pm in Conference Room 6012 on the sixth floor.

Call (405) 271-3402 to register.

MEETING TIMES

Wednesdays at 9 am

Thursdays at 4 pm

RADIATION THERAPY 101

Radiation Therapy 101 is a 30-minute workshop to help patients and caregivers prepare for radiation therapy treatments. The class will cover frequently asked questions, a facility tour, and supportive care information. Classes are held weekly on Thursdays at 4:30 pm. Call (405) 271-8384 to register, and you can check in at the main desk on the lower level.

MEETING TIMES

Thursdays at 4:30 pm

PATIENT AND CAREGIVER ORIENTATION

Our Patient and Caregiver Orientations are 30-minute information sessions for patients and caregivers who are new to treatment.

You'll learn about programs, groups, and services available at the Stephenson Cancer Center that provide assistance during treatment and survivorship. An orientation session can be tailored to fit your schedule. Please call (405) 271-8384 to discuss availability.

MEETING TIMES

An orientation session can be tailored to fit your schedule.

STAY CONNECTED



STEPHENSONCANCERCENTER.ORG



FACEBOOK.COM/STEPHENSONCANCERCENTER



TWITTER.COM/STEPHENSONCC

VOLUNTEER SERVICES

Volunteer tasks include delivering lunches and snacks to patients, assisting at the first floor greeter desk, providing emotional support and encouragement, and maintaining quality aesthetics throughout the center. For more information about service opportunities, please visit stephensoncancercenter.org/volunteer.

stephensoncancercenter.org/volunteer

PATIENT EXPERIENCE

ADVISORY COUNCIL

Your feedback is very important in continuing to provide high-quality patient care at the Stephenson Cancer Center. Serving on the Patient Experience Advisory Council is a valuable way to share your story while helping us further develop patient services and programs. As a member of this council, you will be asked to consult on special projects, evaluate communications, and discuss relevant issues faced by patients and their loved ones. Learn more about applying to the Patient Experience Advisory Council.

stephensoncancercenter.org/peac



THANK YOU

**FOR SELECTING
THE STEPHENSON
CANCER CENTER TO
BE A PARTNER IN
YOUR CARE.**

You may have a number of questions and concerns throughout your illness. This guide has been designed to help answer some of those questions you may have now and during your treatment. Treating cancer requires a team effort to best manage all aspects of your care. Our health care team is here to support and assist you. We hope to provide information to make your treatment journey as smooth as possible.



**800 NE 10TH ST.
OKLAHOMA CITY, OK 73104
OKLAHOMA HEALTH CENTER**

**(855) 750-2273
STEPHENSONCANCERCENTER.ORG**